

grain&grill

RESTAURANT

STARTERS

Soup of the Day €6.95
Chefs daily soup served with homemade brown bread
Allergens 6 flour & oats, 7, 12

Crispy Chicken Wings €9.95
100% Irish chicken wings fried till crisp. Tossed in your choice of either fiery franks hot sauce or BBQ sauce served with Cashel blue cheese dip, celery sticks
Allergens 7, 8, 11, 12

Baked Goats Cheese Tartlet €9.25
Five-mile goats cheese served with red onion jam, mix leaves leaf, in a savory tartlet
Allergens 6 wheat,7,9,11,13

Garlic & Chili Prawns €10.95
Cooked in garlic butter, white wine and fresh chili and served with toasted flat bread
Allergens 1, 2, prawns, 6 wheat,7,9,11

SANDWICHES

ADD SOUP OR FRIES FOR €3.00

Rustic Roast Beef Ciabatta €8.50
100% Irish roast beef served on ciabatta bread with mayo, tomato, caramelized onion & arugula leaf
Allergens 6 wheat, 7,9,11,13

Melted Special €6.25
Ham, cheese, tomato, onion served on white or brown bread
Allergens 6 wheat, 7, 13

Maldron Club Sandwich €7.95
Crispy bacon, chicken, lettuce, plum tomato with mayo on white or brown bread
Allergens 6 wheat & oats, 7, 11, 13

MAIN COURSES

Traditional Fish and Chips €18.95
Light crispy battered Irish fish fillet. With chips, Tartare sauce, lemon wedge and pea puree
Allergens 3 white fish, 6 wheat & oats,9, 11,12,13

Penne Carbonara €17.95
Add chicken for €3.00
Penne pasta, bacon, cream, garlic, white sauce & parmesan
Allergens 6 wheat,7,9,11

The Grain & Grill Irish Certified Angus Ground Steak Burger €18.95
Chargrilled beef burger, bacon, mature cheddar cheese on a brioche bun with garlic aioli." The Scullery" relish, tomato, onion, crisp lettuce, served with twice cooked chunky chips
Allergens 6 wheat & oats, 7, 8, 11, 12, 13

Pan Fried Lemon Sole €19.95
Pan fried lemon sole fillets, whipped potatoes, green beans and tomato hollandaise
Allergens 3 Sole, 7, 11

Super Guacamole Salad €15.95
Crisp green apple, roast butternut squash, Bulgar wheat, grated carrot, farmers mixed leaf tossed in house dressing with toasted seeds, feta cheese & guacamole
Allergens 6 wheat, 7, 10, 12, 13

Thai Green Curry
Aromatic Thai green curry served with rice, matched with your choice of either chicken, prawns or vegetables

Prawns €18.00
Allergens 1,2 prawn, 3 fish sauce,8,10

Chicken €16.95
Allergens 8,10

Vegetable €15.50
Allergens 8,10

Allergen information

1 & 2 – Shellfish, 3 – Fish, 4 – Peanuts, 5 – Nuts, 6 – Cereal containing gluten, 7 – Milk, 8 – Soya, 9 – Sulphur Dioxide, 10 – Sesame Seed, 11 – Egg, 12 Celery and Celeriac, 13 – Mustard, 14 Lupines

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SIDES

Fries	€4.25
House Salad	€4.25
Allergens 13	
Pepper Sauce	€4.25
Allergens 7, 9	
Mashed Potatoes	€4.25
Allergens 7	



DESSERTS

Homemade Chocolate Fondant	€7.55
Smothered in chocolate hazelnut sauce with pistachio ice cream	
Allergens 5 hazelnut, 6 wheat, 7, 11	
Baked Apple Crumble	€7.55
Golden apple crumble served with crème anglaise	
Allergens 6 wheat, 7, 11	
Raspberry Cheesecake	€7.55
Served with strawberry ice-cream	
Allergens 6 wheat, 7, 8, 9, 11	
Selection of Ice-Cream	€6.95
Served in a wafer	
Allergens 6 wheat, 7	

Espresso (single)	€2.50
Espresso (double)	€3.15
Americano	€3.25
Cappuccino	€3.35
Allergens 7	
Latte	€3.35
Allergens 7	
Flat White	€3.25
Allergens 7	
Tea	€2.75
Herbal Tea	€2.75
Hot Chocolate	€3.95
Allergens 7	

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